

All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality PSCHE education. They will be equipped with the knowledge, skills and vocabulary to understand that they need to lead confident, healthy, independent lives and to become respectful, active and responsible global citizens, so that they leave our school confident and assured of their place in this diverse and changing world. We intend to inspire a sense of enjoyment and curiosity about PSCHE.

Summer 1

No Outsiders:**Physical Health and Wellbeing****New Knowledge:**

- Drugs can be harmful to people.
- Tobacco is a drug.
- There are risks of smoke.
- Second hand smoking affects others and their bodies.
- There are benefits of remaining smoke free (e.g. improves health and quality of life).
- There are laws relating to smoking to aim to help people stay healthy, with a particular concern over young people and second hand smoking.
- There is support and medicines that help people stop smoking.
- There are things I could say and do to help stop people smoking.
- There are benefits for people who choose to stop smoking.
- It can be hard to choose to stop smoking once they have started.

**Key Vocabulary:**

- Tobacco
- Smoking
- Secondhand
- Addiction