

All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality PSCHE education. They will be equipped with the knowledge, skills and vocabulary to understand that they need to lead confident, healthy, independent lives and to become respectful, active and responsible global citizens, so that they leave our school confident and assured of their place in this diverse and changing world. We intend to inspire a sense of enjoyment and curiosity about PSCHE.

## Keeping and Staying Safe Relationship and Sex Education

Summer 2

### New Knowledge:

#### **Valuing Differences & Keeping Safe:**

- People are unique and we need to respect those differences.
- There are differences between male and female bodies.
- There is appropriate and inappropriate physical contact and consent.
- There are different types of families.
- There are people to go to for help and support.
- Recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.
- Know how to respond if physical contact makes them feel uncomfortable or unsafe.
- Different types of family structure - same-sex parents, single parents, blended families, foster parents etc.
- Healthy family life includes commitment, care, spending time together, being there for each other.
- Any family should provide love, security and stability.

#### **Giving & Seeking Permission:**

- If someone didn't ask your permission or didn't listen to what you had said, there are people you can talk to in school or at home.
- This includes class teachers, support assistants, midday supervisors, trusted adults at home such as parents, older siblings, community leaders, club leaders.
- You can also contact Childline on 0800 1111 or [www.childline.org.uk](http://www.childline.org.uk).
- **Personal Boundaries:**
- We all have boundaries depending on how well we know someone.
- We have different boundaries for what is safe or comfortable for us to do with our family, with our friends or with other people we know.
- **Appropriate & Inappropriate Touch:**
- There are lots of different ways people can touch each other.
- Some of these are appropriate, and feel safe, comfortable or gentle.
- Sometimes, touch can be inappropriate. This might feel unsafe.
- You can speak to a trusted adult at home or at school if you ever feel unsafe.

### Prior Knowledge:

- Pants are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.

### Key Vocabulary:

- Family
- Fostering
- Adoption
- Permission
- Boundaries
- Appropriate

