



# Physical Education

## Cricket Year 6

### Unit Purpose

Pupils will consolidate their knowledge, understanding and ability to effectively apply a range of fielding skills, batting skills and tactics into mini games.

### Inspire Me

West Indian cricketer **Brian Lara** holds the record for the most runs scored, 400 in a mens Test Match. **Kiran Baluch** from Pakistan holds the record for the most runs scored in an innings, 242 in a women’s Test Match.



### Key Success Criteria

- P** Pupils will consolidate their bowling, throwing, catching, stopping, retrieving and batting skills and apply these with accuracy and consistency into mini games.
- C** Pupils will demonstrate resourcefulness and problem solving skills by creating a range of tactics, applying these into their games.
- S** Pupils will effectively apply their tactics, demonstrating a clear understanding of the role each team member will perform and will ensure the team feels motivated.
- W** Pupils will constantly apply life skills such as integrity and self discipline by playing by the rules and leading others by example.



### Vocabulary for Learning

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.

**Umpire:** is an official who watches the game or match closely enforcing the rules and who is responsible for making sure that the game is played fairly. The umpire will resolve any disagreements and their decision is final and should be respected.

**Boundary:** The boundary is the perimeter of the playing area. The batters score four or six runs if the ball crosses the boundary.



### Sport Specific Vocabulary

**Four Runs:** The batter scores four runs if the the ball crosses the boundary having touched the ground within the playing area first.

**Six Runs:** The batter scores six runs if the the ball crosses the boundary in the air not having touched the ground.

**Over:** An over consists of six consecutive legal (wides and no-balls do not count) deliveries bowled from one end by a bowler.





# Physical Education

## Orienteering Year 6

### Unit Purpose

The unit of work will **refine** pupils' ability to **orientate** a map, locate points in a set order. They must follow the route they have been given to reach as many points as possible in an allocated time. Pupils will **refine** their ability to **collaborate** with others and work as a team to complete the **challenges**.

### Inspire Me

**Simone Niggli-Luder** is a Swiss orienter who has twice won all four women's competitions at the World Championships. Simone is widely seen as one of the greatest orienteers of all time.



### Key Success Criteria

- P** Pupils will refine their developing ability to orientate a map and locate points, returning to base as quickly as possible.
- C** Pupils will refine their understanding of what makes an effective team and understand how important teamwork is when orienteering.
- S** Pupils will refine life skills such as cooperation as they collaborate with their team to successfully complete the orienteering challenges.
- W** Pupils will apply integrity and self discipline as they complete the orienteering challenges. Pupils will refine their leadership skills and take responsibility for others.



### Vocabulary for Learning

- Navigate:** means to find a way through a planned course often by using a map.
- Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.
- Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.
- Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.



### Sport Specific Vocabulary

- Leadership:** Leadership is the ability to guide members of your team towards achieving your goal.
- Responsibility:** is when you take ownership for the things that you are supposed to do and accept the results or consequences of your actions.
- Cooperation:** Cooperate is another word used to define teamwork, meaning to work together to achieve a goal or complete a task in the most effective way possible.

